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In this issue

Research Article

Open Access Research Article PTZAID:OJPM-5-126

Prevalence of low back pain among the Dentists of Karachi, Pakistan

Published On: August 26, 2021 | Pages: 020 - 023

Author(s): Sonum Sachdev, Vikash Chughani, Mukesh kumar & Aadil Ameer Ali*

Objective: To assess the Prevalence of Low Back Pain among the Dentists of Karachi, Pakistan Methodology: A cross sectional survey was conducted in many different hospitals of Karachi, Pakistan from October to December 2015. A selfconstructed questionnaire which includes the demographic Characterstics and other questions were duration of work per day, work experienc ...

Abstract View Full Article View DOI: 10.17352/ojpm.000026

Open Access Research Article PTZAID:OJPM-5-124

The effects of vitamin D, C, E and zinc supplementation in chronic non specific low back pain

Published On: May 03, 2021 | Pages: 008 - 011

Author(s): Unal Mehmet*, Gulcelik Ertunc Gonul, Sezgin Burak Ahmet and Kocaturk Muammer

Objective: We aimed to investigate the effects of vitamin D3, vitamin C, vitamin E and zinc supplements on pain and functional capacity in Chronic Low Back Pain (CLBP). Methods: 20 patients (female/male:10/10) with CLBLP, aged between 28 and 57 years (mean age: 41.25±9.12), participated in the study. Mcgill Pain Questionnaire (MPQ) was used to measure the state of pa ...

Abstract View Full Article View DOI: 10.17352/oipm.000024

Open Access Research Article PTZAID:OJPM-5-123

Knowledge and associated factors towards post-operative pain management among nurses working at referral hospitals, Ethiopia

Published On: March 31, 2021 | Pages: 001 - 007

Author(s): Desalegn Tariku Jaleta, Techane Sisay Tuji* and Addisu Dabi Wake

Introduction: Post-Operative Pain (POP) is a common patient problem subsequently surgical procedure. Uncontrolled POP reduces physical, social and overall recovery of the patient. Effective pain management requires faultless knowledge. Objective: To determine Knowledge and its associated factors towards POP management among nurses working in referral hospitals, nort ...

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Observational Study

Open Access Observational Study PTZAID:OJPM-5-125

The analgesic effect of tramadol versus morphine in the treatment of cancer pain in National Cancer Institute, University of Gezira, Sudan (2018)

Published On: June 07, 2021 | Pages: 012 - 019

Author(s): Ghazi Gasmalla Mohamed Ibrahim*, Khalid Abbas Owish and Mohammed Suliman Zaroug

Cancer pain treatment following the World Health Organization guidelines is effective and feasible. However, the evidence supporting the use of opioids for mild to moderate pain on the Second step of the analgesic ladder is widely discussed. The present assessment compares the efficacy and safety of the use of tramadol in comparison to morphine in the treatment of can ...

Abstract View Full Article View DOI: 10.17352/ojpm.000025