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Case Report

Goldenhar Syndrome

Abstract

Goldenhar syndrome (Oculo-Auriculo-Vertebral Spectrum) (OAVS) is a rare congenital condition characterized by craniofacial abnormalities associated with anomalies of the spine, heart, kidney, central nervous and gastrointestinal system. Craniofacial abnormalities include the incomplete development of the eye, ear, nose, soft palate, lips and jaw. We report a case of Goldenhar syndrome in a 14-years-old male patient. There are no other identified cases of congenital diseases in the patient's family history. At the age of 2, the patient was operated for complete right cleft lip and cleft palate dehiscence and it was then, that the suspicion for Goldenhar syndrome was harboured.

The Goldenhar Syndrome diagnosis is clinical, as there are no specific genetic tests to detect this condition. The patient's karyotype was performed in the Genetics Clinic in order to exclude an eventual chromosomal abnormality. The result had been normal (46, XY).

The ophthalmologic examination revealed the microphthalmia of the right eyeball. The ENT exam revealed facial dysmorphism, malformation of the right auricular pavilion with atresia of the external auditory canal and right nasal fossa malformation with deviated septum. The CT examination revealed a right orbit reduced in size, the right eyeball reduced in size with numerous annular calcifications, cleft lip and cleft palate, the area of the bone defect being occupied by soft tissue; flawed implanted dystrophic teeth; hypoplasia of the vertical and horizontal branch of the mandible; absence of the tympanic bone and the right external auditory canal; internal auditory canals, present semicircular ducts and complex vertebral malformations. Being a rare syndrome with many defects, early diagnosis is important, in order to apply appropriate treatment.

The reported incidence of Goldenhar syndrome ranges from 1: 3500 to 1: 5600 [1,2], with a male/female ratio of 3: 2 [1,6-8]. Abnormalities are unilateral in 85% of cases and bilateral in 10%-33% of cases [8]. Eye abnormalities occur in 60% of cases, vertebral abnormalities in 40% of cases, and ear abnormalities in 40% of cases [1]. The etiology of Goldenhar syndrome is unknown [1,9,10]. However, it is possible that abnormal embryonic vascular supply disrupted mesodermal migration, or some other factor lead to defective formation of the structures arising from the first and second branchial arches [1,9]. Most cases of Goldenhar syndrome are sporadic [1,5,9,10]. In the pathogenesis of the syndrome, the autosomal dominant, autosomal recessive and multifactorial modes of inheritance have been suggested [1,7,10]. Drugs, such as cocaine, thalidomide, retinoic acid, and tamoxifen ingested during pregnancy have also been suggested as etiologic factors [5,11]. Maternal diabetes and infections caused by rubella and influenza during pregnancy may be related to the development of this syndrome [8,12].

Patient and Methods

The 14 years old M.P. male patient is placed on the records of the Genetics Clinic of "Sf. Maria" Emergency Children's Hospital of Iassy, Romania, with the diagnosis of Goldenhar syndrome. The medical history indicated operated complete right cleft lip and cleft palate dehiscence at the age of 2 years old and it was then, that the suspicion for Goldenhar syndrome was harboured. The patient has no family history of congenital malformations. The patient's clinical examination evidenced ocular, auricular and vertebral malformations.

The Goldenhar Syndrome diagnosis in our patient was clinical. The patient's karyotype was performed in the Genetics Clinic in order to exclude an eventual chromosomal abnormality.

Introduction

Goldenhar syndrome is rare congenital defect characterized by complex craniofacial abnormalities associated with vertebral, cardiac, renal, central nervous system and gastrointestinal malformations [1,2]. It was described for the first time by the German Austrian ophthalmologist Carl Ferdinand Von Arlt in 1845 [1]. Almost a century later, in 1952, the French ophthalmologist Maurice Goldenhar characterized the syndrome by the triad: epibulbar limbal dermoids, periauricular appendage, and ear abnormalities [3]. In 1963, the American oral pathologist and geneticist Robert James Gorlin [4] added vertebral anomalies to this triad and suggested the name of oculo-auriculo-vertebral dysplasia for this condition. In medical literature this syndrome is also known as oculo-auriculo-vertebral spectrum, Goldenhar-Gorlin syndrome, and oculo-auriculo-vertebral dysplasia with hemifacial microsomia [5].

Results

The patient's physical examination revealed the microphthalmia of the right eyeball (Figure 1), the malformation of the right auricular pavilion (Figure 2), facial asymmetry, deviated septum, upper lip scar after operated complete right cleft lip and cleft palate dehiscence, flawed implanted dystrophic teeth (Figure 3).

The ophthalmological exam revealed the microphthalmia of the right eyeball and a low hypermetropia in the left eye. The ENT exam revealed facial dysmorphism, malformation of the right auricular pavilion with atresia of the external auditory canal and malformation of the right nasal fossa with deviated septum. The cardiologic exam did not reveal any structural and functional abnormalities. The renal ultrasound showed no changes. The laboratory analysis revealed the presence of a deficient hypocalcemia. The psychological consultation revealed a mild mental deficiency (global IQ of 50%) and dyslalia in the context of the disease. The result of the karyotype test had been normal (46,XY).

The CT examination revealed a right orbit reduced in size, the right eyeball reduced in size with numerous annular calcifications (Figure 4), cleft lip and cleft palate, the area of the bone defect being occupied by soft tissue (Figure 5); flawed implanted dystrophic teeth; hypoplasia of the vertical and horizontal branch of the mandible (Figure 6); absence of the tympanic bone and the right external auditory canal; internal auditory canals, present semicircular



Figure 1: Right eye microphthalmia.



Figure 2: Malformation of the right auricular pavilion.



Figure 3: Facial asymmetry, nasal septum deviation, postoperative lip scar after lip and palatine cleft, flawed implanted dystrophic teeth.

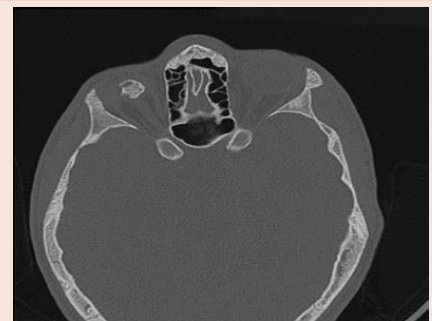


Figure 4: CT-axial imagine shows right eyeball reduced in size with numerous calcifications.

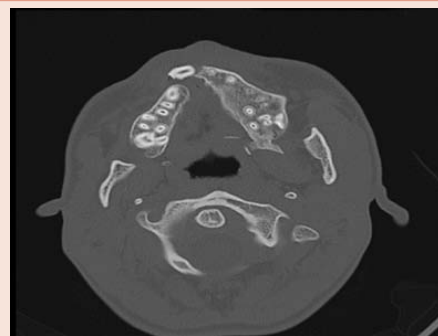


Figure 5: CT-axial imagine shows cleft lip and cleft palate.

ducts (Figure 7) and complex vertebral malformations (Figure 8) (dehiscence of the posterior arch C1 vertebra, complete congenital blocks between C2-C3 vertebrae and partial between C3-C4 vertebrae on the right and C4-C5 on the left at the level of the posterior bodies and arches, dehiscence of the posterior arch C4 vertebra whose right spine blade goes oblique and parallel to its spinous apophysis; hyperplasia of the blade and left vertebral pedicle at the level of C4 and C5 vertebrae).

Discussion

Our patient presented some classical signs of Goldenhar syndrome including facial asymmetry, microphthalmia, malformation of the

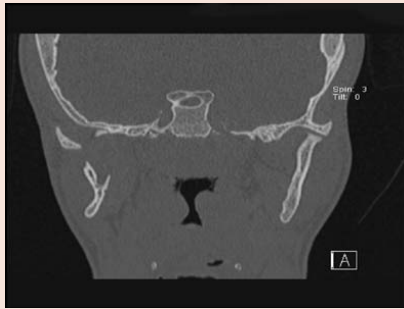


Figure 6: CT-coronal image shows hypoplasia of the vertical and horizontal branch of the mandible.



Figure 7: CT-axial image shows absence of the tympanic bone and the right external auditory canal.



Figure 8: CT-coronal image shows complex cervical vertebral malformations.

right auricular pavilion with atresia of the external auditory canal, right nasal fossa malformation with deviated septum, and complex vertebral malformation without clinical expression. Ear abnormalities in Goldenhar syndrome include acrotia, microtia, preauricular tag, and auricular fistula [4,13,14]. Middle or inner ear abnormalities and the absence of external ear canal can cause conductive hearing loss in 50% of cases [14]. Our patient presented malformation of the right

auricular pavilion, absence of tympanic bone, atresia of the external auditory canal, internal auditory canals and present semicircular ducts.

Eye abnormalities in Goldenhar syndrome include anophthalmia, microphthalmia, eyelid and iris coloboma, epibulbar limbal dermoids, strabismus, and retinal abnormalities [1,4,5,15,16]. Our patient presented a right orbit reduced in size, microphthalmia with annular calcification in the right eye.

Oral manifestations of Goldenhar syndrome are numerous and range from malocclusion to complete absence of the mandibular branch and temporomandibular joint [17,18]. In the literature, there are case reports of Goldenhar syndrome associated with such oral malformations as micrognathia, macrostomia, cleft lip, cleft palate and fissured tongue [1,2,4,15,19]. Dental anomalies are represented by delayed tooth eruption, supernumerary teeth, and malocclusion. From all the oral manifestations of Goldenhar syndrome, our patient presented: cleft lip and cleft palate, the area of the bone defect being occupied by soft tissue; flawed implanted dystrophic teeth.

Facial asymmetry of patients with Goldenhar syndrome is caused by the incomplete development of malar bones, jaws, and temporomandibular joint [17,19]. This abnormality is associated with hypoplasia of facial muscles and is reported in 65-75% of cases [6,15,20]. The clinical facial aspect of Goldenhar syndrome patients is described as “hemifacial microsomia”, most frequently affecting the right side of the face [6,15]. Our patient had aspects of right facial asymmetry, due to the reduced size of the right orbit, septum deviation, cleft lip and cleft palate, hypoplasia of the vertical and horizontal branch of the mandible, atrophy of the right auricular pavilion.

The vertebral abnormalities associated with Goldenhar syndrome are supernumerary vertebrae, hemivertebrae, and fused vertebrae [14,17,19,21]. These abnormalities occur more commonly in the cervical spine. Sometimes they are associated with rib anomalies, scoliosis, kyphosis, and skull abnormalities [19,21]. Vertebral abnormalities occur in 40% to 60% of cases [8]. In our patient’s case, he has presented multiple cervical vertebral malformations, but without clinical expression.

Goldenhar syndrome may be associated with cardiovascular, pulmonary, renal, genital, central nervous system and gastrointestinal abnormalities [8,11,17,22,23]. We did not identify visceral malformations in our patient. According to literature data, most patients with Goldenhar syndrome have normal or low IQ for their age [19,23]. Psychological examination showed that our patient had a global IQ of 50%, found with an average intellectual disability and dyslalia in the context of disease.

In Goldenhar syndrome the genetic cause is not clear. In most cases this syndrome occurs sporadically, without an obvious cause [1,5,24,25]. However, familial cases have been reported, suggesting an autosomal dominant or autosomal recessive mode of inheritance. Chromosome abnormalities have been found in a few cases [24]. Other authors suggest a multifactorial inheritance, through the interaction of multiple genes with environmental factors [24,25]. Diabetes, ingestion of teratogenic drugs during pregnancy, exposure

to viruses or chemicals were also considered as etiological factors [11,12,26]. The mother of our patient had no history of diabetes, viral infections, alcohol consumption and exposure to teratogenic substances prenatally or intranatally.

The diagnosis of Goldenhar syndrome is made by physical and X-ray examination and laboratory tests [5,6,22,23]. Intranatal diagnosis can be confirmed ultrasonographically by the detection of abnormalities. Sometimes the diagnosis of Goldenhar syndrome can be difficult and or tardy [14,17]. Thus, Martelli Junior et al. (2010) [17] reported a mean age at the time of diagnosis of 7.15 years (ranges 3 months to 12 years). So, the diagnosis of Goldenhar syndrome is clinical, as there is no specific genetic defect described yet in this developmental disorder. However, we have performed a karyotype to exclude an eventual chromosomal abnormality and the result has been normal (46,XY).

Surgical treatment of this syndrome generally involves the surgical correction of facial cosmesis and improvement of hearing and sight loss. Also performed are cleft lip and palate surgical repair and surgical orthodontic reconstruction of dental malocclusion. The course and prognosis of Goldenhar syndrome may be favorable but depend on the severity of abnormalities.

Conclusions

Goldenhar syndrome is a rare condition characterized mostly by abnormalities of the face, eyes, ears, and spine. Patients have to be examined by a multidisciplinary team of specialists, in view of detecting the visceral anomalies, that may be associated with this syndrome. In Goldenhar syndrome early diagnosis, adequate management, and continued monitoring of the patient are very important to optimal long-term outcomes.

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